

AFL Sydney Juniors Boys / Mixed Quick Reference Guide

| Rules | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | U17 |
|---|--|-------------------------------|-------------------------------|-----------------------------|----------------------------|---|---------------------------|--|------------------------------|
| Playing Field | 70m x 50m Max 80m x 60m | 85m x 65m Max 100m x 80m | 85m x 65m Max 100m x 80m | 100m - 140m x 75m - 95m | 100m - 140m x 75m - 95m | Full Field | Full Field | Full Field | Full Field |
| Ball Size | 1 | 2 | 2 | 3 | 3 | 4 | 4 | 5 | 5 |
| Ball Type | Synthetic | Synthetic | Synthetic | Leather | Leather | Leather | Leather | Leather | Leather |
| Player Allocation | Min Optimal - 6 | Min Optimal - 9 | Min Optimal - 12 | 12 | 12 | 15 (Div1&2) 12 (Div 3) | 15 (Div1&2) 12 (Div 3) | 15 (Div1&2) 12 (Div 3) | 15 (Div1&2) 12 (Div 3) |
| Max | 9 | 12 | 15 | 15 | 15 | 16 | 16 | 16 | 18 (Div 1) 16 (Div 2 & 3) |
| Bench | Unlimited | Unlimited | Unlimited | 6 | 6 | 6 | 6 | 6 | 6 |
| Quarters (mins) | 10 | 10 | 10 | 13 | 13 | 15 | 15 | 15 | 16 |
| Breaks (mins) | 2 | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 |
| Smothering, Shepharding, Barging and Fending | X | X | X | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Tackling | X | Modified Tackle | Modified Tackle | As per the laws of the game | | | | | |
| Zones | 3 Zones - Only Forwards can score | | | As per the laws of the game | | | | | |
| Starting and Restarting Play | No full possession allowed from ruck As per match policy | | | | | As per the laws of the game | | | |
| Out of Bounds | Last Kick - Ball given to nearest opponent Off hands or body - Ball up 5m from Boundary | | | | | Ball Up - Field umpire 10m from Boundary | | Boundary Throw In As per laws of the game | |
| Marking (Distance) | Any distance shows attempt | Any distance shows control | Any distance shows control | 10m | 10m | 15m | 15m | 15m | 15m |
| Run and Bounce | 10m & 1 Bounce | 10m & 1 Bounce | 10m & 1 Bounce | 15m & 2 Bounces | 15m & 2 Bounces | As per the laws of the game | | | |
| Distance Penalties | 10m | 10m | 10m | 25m | 25m | 50m - As per laws of the game | | | |
| Kicking off the ground | X Unless Accidental | X Unless Accidental | X Unless Accidental | X Unless Accidental | X Unless Accidental | As per the laws of the game | | | |
| Deliberate out of bounds | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied |
| Rushed Behind | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied |
| Playing On & Advantage | X | X | X | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| # of Umpires - Field | Coach/Volunteer | 1 | 1 | 2 | 2 | 2 | 2 | 2 | 2 |
| Boundary | N/A | N/A | N/A | N/A | N/A | Club to supply | Club to supply | Club to supply | Club to supply |
| Goal | Club to supply | Club to supply | Club to supply | Club to supply | Club to supply | Club to supply | Club to supply | Club to supply | Club to supply |
| Coach (inc Ass Coach) | 1 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Manager | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| Runner | N/A | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Water Carrier | N/A | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 |

AFL Sydney Juniors Youth Girls Quick Reference Guide

| Rules | U9YG | U11YG | U13YG | U15YG | U17YG |
|--|--|-----------------------------|---|---|----------------|
| Playing Field | 85m x 65m Max - 100m x 80m | 100m - 140m x 75m - 95m | 120m - Full x 95m - Full | Full Field | Full Field |
| Ball Size | 2 | 2 | 3 | 4 | 4 |
| Ball Type | Synthetic | Synthetic | Leather | Leather | Leather |
| Player Allocation | Min | Optimal - 9 | 9 | 12 | 12 |
| | Max | 12 | 12 | 15 | 16 |
| | Bench | Unlimited | 6 | 6 | 6 |
| Quarters (mins) | 10 | 13 | 15 | 15 | 16 |
| Breaks | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 | 4 - 5 - 4 |
| Smothering, Sheparding, Barging and Fending | X | ✓ | ✓ | ✓ | ✓ |
| Tackling | Modified Tackle | Modified Tackle | As per the laws of the game | | |
| Zones | 3 Zones - Only forwards can score | As per the laws of the game | | | |
| Starting and Restarting Play | No Full possession allowed from ruck As per Match Policy | | As per the laws of the game | | |
| Out of Bounds | Last Kick - Ball given to nearest opponent Off hands or body - Ball up 5m from Boundary | | Ball Up - Field umpire 10m from Boundary | Boundary Throw In - As per laws of the game | |
| Marking (Distance) | Any Distance, shows control | 10m | 15m | 15m | 15m |
| Run and Bounce | 10m & 1 Bounce | 15m & 2 Bounces | As per the laws of the game | | |
| Distance Penalties | 10m | 25m | As per the laws of the game | | |
| Kicking off the ground | X Unless Accidental | X Unless Accidental | As per the laws of the game | | |
| Deliberate out of bounds | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied |
| Rushed Behind | Not Applied | Not Applied | Not Applied | Not Applied | Not Applied |
| Playing On & Advantage | X | ✓ | ✓ | ✓ | ✓ |
| # of Umpires - Field | 1 | 2 | 2 | 2 | 2 |
| Boundary | N/A | N/A | Club to supply | Club to supply | Club to supply |
| Goal | Club to supply | Club to supply | Club to supply | Club to supply | Club to supply |
| Coach (inc Ass Coach) | 1 | 2 | 2 | 2 | 2 |
| Manager | 1 | 1 | 1 | 1 | 1 |
| Runner | N/A | 2 | 2 | 2 | 2 |
| Water Carrier | N/A | 4 | 4 | 4 | 4 |