



AFL Sydney Juniors Boys / Mixed Quick Reference Guide



## AFL Sydney Juniors Youth Girls Quick Reference Guide

Rules	U9YG	U11YG	U13YG	U15YG	U17YG
Playing Field	85m x 65m Max - 100m x 80m	100m - 140m x 75m - 95m	120m - Full x 95m - Full	Full Field	Full Field
Ball Size	2	2	3	4	4
Ball Type	Synthetic	Synthetic	Leather	Leather	Leather
Player Allocation	Min	Optimal - 9	9	12	12
	Max	12	12	15	16
	Bench	Unlimited	6	6	6
Quarters (mins)	10	13	15	15	16
Breaks	4 - 5 - 4	4 - 5 - 4	4 - 5 - 4	4 - 5 - 4	4 - 5 - 4
Smothering, Sheparding, Barging and Fending	X	✓	✓	✓	✓
Tackling	Modified Tackle	Modified Tackle	As per the laws of the game		
Zones	3 Zones - Only forwards can score	As per the laws of the game			
Starting and Restarting Play	No Full possession allowed from ruck As per Match Policy		As per the laws of the game		
Out of Bounds	Last Kick - Ball given to nearest opponent Off hands or body - Ball up 5m from Boundary		Ball Up - Field umpire 10m from Boundary	Boundary Throw In - As per laws of the game	
Marking (Distance)	Any Distance, shows control	10m	15m	15m	15m
Run and Bounce	10m & 1 Bounce	15m & 2 Bounces	As per the laws of the game		
Distance Penalties	10m	25m	As per the laws of the game		
Kicking off the ground	X Unless Accidental	X Unless Accidental	As per the laws of the game		
Deliberate out of bounds	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied
Rushed Behind	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied
Playing On & Advantage	X	✓	✓	✓	✓
# of Umpires - Field	1	2	2	2	2
Boundary	N/A	N/A	Club to supply	Club to supply	Club to supply
Goal	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply
Coach (inc Ass Coach)	1	2	2	2	2
Manager	1	1	1	1	1
Runner	N/A	2	2	2	2
Water Carrier	N/A	4	4	4	4